

COGNATE REQUIREMENT: Minimum of 12 Unique Credits

KINESIOLOGY MAJORS MUST SUCCESSFULLY COMPLETE AN APPROVED COGNATE OR SUBSTITUTE A KIN-RELATED MINOR

KINESIOLOGY DEPARTMENT COGNATES

<http://www.education.msu.edu/kin/undergraduate/kinesiology/requirements/#cognates>

ATHLETIC INJURY AND THERAPY

KIN 126 – 3	Intro to Athletic Injury
KIN 127 – 1	Taping and Bracing
KIN 217 – 1	Applied Human Anatomy Lab (P: KIN 216)
KIN 320 – 3	Pathology of Sports Injury (P: KIN 125/126/127)
KIN 411 – 2	Exercise Physiology Lab (P: KIN 310)
KIN 424 – 3	Psychology of Injury

COGNITIVE AND MOTOR NEUROSCIENCE

KIN 217 – 1	Applied Human Anatomy Lab (P: KIN 216)
KIN 365 – 3	Sensorimotor Control (P: KIN 216)
KIN 371 – 3	Intro to Research Methods (P: KIN 250)
KIN 443 – 3	Psychophysiological Aspects of KIN (P: KIN 173)
KIN 465 – 3	Adapted Physical Activity

EXERCISE PHYSIOLOGY

KIN 125 – 3	First Aid/Personal Safety
KIN 217 – 1	Applied Human Anatomy Lab (P: KIN 216)
KIN 371 – 3	Intro to Research Methods (P: KIN 250)
KIN 411 – 2	Exercise Physiology Lab (P: KIN 310)
KIN 465 – 3	Adapted Physical Activity

PSYCHO-SOCIAL ASPECTS OF PHYSICAL ACTIVITY

KIN 345 – 3	Sport and Exercise Psychology*
KIN 445 – 3	Sport and Physical Activity in Society*
KIN 371 – 3	Intro to Research Methods (P: KIN 250)
KIN 443 – 3	Psychophysiological Aspects of KIN (P: KIN 173)
KIN 465 – 3	Adapted Physical Activity

* One class will count toward the cognate requirement; one class will count toward the Kinesiology Core requirement.

SPORT MANAGEMENT

KIN 454 – 3	Facility Planning & Construction
KIN 456 – 2	Ethical Issues in Athletics
Elective – 7	**

** See the Academic Advising Guide or the KIN website for suggested elective courses. Courses from the Minor in Sport Business Management are also approved substitutions. ISS courses cannot be double-counted. <https://broad.msu.edu/undergraduate/programs/sports-business-management-minor/>

KINESIOLOGY DEPARTMENT MINORS

HEALTH PROMOTION (18 credits)

KIN 121 – 3	The Healthy Lifestyle
PSY 320 – 3	Health Psychology (P: PSY101)
HNF 150 – 3	Intro to Human Nutrition

and **Elective credits from the following – 9 cr**

ANP 270	HNF 102
ANP 370	HNF 310
CEP 260	HNF 385
CEP 261	HNF 406
EEM 260	HNF 415
EPI 390	HNF 457
GEO 435	PHL 344
HDFS 225	PHL 453
HDFS 444	PSY 333
HDFS 445	SOC 475
HM 101	

See College website:

<http://www.education.msu.edu/academics/undergraduate/kinesiology/health-promotion.asp>

COACHING (22-25 credits)

KIN 173 – 3	Foundations in Kinesiology
KIN 216 – 3	Applied Human Anatomy
KIN 345 – 3	Sport & Exercise Psychology
KIN 360 – 3	Physical Growth and Motor Development
KIN 400 – 4	Principles of Coaching I
KIN 401 – 4	Principles of Coaching II
KIN XXX – 2	Sport Coaching Course or Fieldwork
KIN 125 – 3	First Aid & Personal Safety OR Current certification in First Aid and CPR (documented through an approved source)

See College website:

<http://www.education.msu.edu/academics/undergraduate/kinesiology/coaching.asp>