KINESIOLOGY MAJOR COURSE RECORD FOR STUDENTS ENTERING MSU FS19 or LATER

| Name: | | | | | LIVIO | <i>-</i> | D | ate Enter | ed MSI | J: | | | | | |
|---|---------------------------------------|-------------|----------|---------|----------|-----------------|----------|-------------|-----------|------|--------------------|----------|-------|----------------|------|
| Net ID: Transfer Student? | | | | | | | | | | | | | | | |
| Minor? | | | | | | | | | | | | | | | |
| MSU UNIVERSITY | REQUIR | MENTS | <u> </u> | nnl | to all | MSIIr | naiore | <u> </u> | | | | | | | |
| WRA – Writing, Rhet | | | | <u></u> | y to an | 141301 | | | MTH 103 | and | MTH 114 or MTH 124 | or ST1 | 200/2 | 01 | |
| WRA 101 | - | | 4 | -1 | | | MTH | 103 (belov | v) and/o | or | | 3 | | | |
| IAH – ARTS/HUMAN | ITIES | | 1 | 1 | | | | STT | | | | 3-5 | | | |
| IAH 201-210 | | I/N/D | 4 | | | | <u> </u> | | | | | | | | |
| IAH 211 and higher | | I/N/D | 4 | | | | ISB/IS | P – GENER | AL SCIEN | NCE | | | | I. | |
| ISS – SOCIAL SCIENCE | ES | | | | | | ISB (s | atisfied by | PSL 250 |) be | elow) | - | - | | - |
| ISS 200-level | | I/N/D | 4 | | | | ISP (se | atisfied by | CEM 14 | 11 b | pelow) | - | - | | - |
| ISS 300-level | | I/N/D | 4 | | | | ISB/IS | P Lab - CE | M 161 (| Che | m Lab I | 1 | | | |
| A DAMICCIONI CODE | . DEOLUDI | - NATNITC | | | | | | | | | | CD | | - 1 1 1 | CD. |
| KIN 173 Foundation | | | <u> </u> | iinim | um 2.0 į | grade <i>in</i> | each c | ourse befor | e JUNIO | R st | tatus, 56 cr | CR 3 | 3 | EM | GR |
| | | ology | | | | | | | | | | + - | | | |
| CEM 141 General Ch | | | | | | | | | | | | 4 | | | |
| KIN 216 Applied Hu | | | | | | | | | | | | 3 | | | |
| KIN 251 Principles | | | | | | ersity Lab | Require | ment) | | | | 4 | | | |
| MTH 103 College Alg PSL 250 Intro Physi | · · · · · · · · · · · · · · · · · · · | VIIH 103A | and | I IVI I | 1 1038] | | | | | | | 3 | | | |
| F3L 230 IIIII O FIIYSI | ology | | | | | | | | | | | 4 | | | |
| KIN CORE COURSES — minimum 2.0 grade point average overall for all courses | | | | | CR | S | EM | GR | | | | | | | |
| KIN 121 The Healthy Lifestyle 3 | | | | | | | | | | | | | | | |
| KIN 250 Measurement in Kinesiology | | | | | 3 | | | | | | | | | | |
| KIN 310 Physiological Bases of Physical Activity (P: KIN173, KIN216, CEM141, PSL250) | | | | | 3 | | | | | | | | | | |
| KIN 330 Biomechanics of Physical Activity (P: KIN173, KIN216, KIN251) | | | | | 3 | | | | | | | | | | |
| KIN 360 Physical Growth/Motor Behavior (P: KIN216, KIN251) 3 | | | | | | | | | | | | | | | |
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| KIN TIER II WRITING and INTERNSHIP COURSE REQUIREMENTS | | | | | | CR | S | EM | GR | | | | | | |
| KIN 345 Sport and Exercise Psychology (W) OR KIN 445 Sport and Physical Activity in Society (W) (P: KIN173) 3 | | | | | | | | | | | | | | | |
| KIN 492 Senior Inte | rnship Non | -Physio (P: | KIN | 310) | or KIN 4 | 193 Seni | or Inter | nship Physi | o (P: KIN | 41: | 1) | 3-6 | 5 | | |
| COGNATE A | REA OF I | NTEREST | CI | нос | SE ON | IE FROI | M APF | ROVED L | IST, AD | DI | TIONAL COGN | ATE I | S OP | TIONA | ۸L |
| COGNATE: CR SEM GR C | | | | COGNAT | E: | | | | CR | SEM | GR | | | | |
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| ELECTIVE COURSE | WORK TO | O REACH | MI | NIN | 1UM O | F: _ | 12 | 20 CREDI | гs | | | | | | |
| COURSE C | CR SEN | 1 GR |] | | COUF | RSE | CR | SEM | GR | | COURSE | | CR | SEN | 1 GR |
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COGNATE REQUIREMENT: Minimum of 12 Unique Credits

KINESIOLOGY MAJORS MUST SUCCESSFULLY COMPLETE AN APPROVED COGNATE OR SUBSTITUTE A KIN-RELATED MINOR

KINESIOLOGY DEPARTMENT COGNATES

http://www.education.msu.edu/kin/undergraduate/kinesiology/requirements/#cognates

ATHLETIC INJURY AND THERAPY

| KIN 126 – 3 | Intro to Athletic Injury |
|-------------|---|
| KIN 127 – 1 | Taping and Bracing (P: KIN 250) |
| KIN 217 – 1 | Applied Human Anatomy Lab (P: KIN 216) |
| KIN 320 – 3 | Pathology of Sports Injury (P: KIN 125/126/127) |
| KIN 411 – 2 | Exercise Physiology Lab (P: KIN 310) |
| KIN 424 – 3 | Psychology of Injury |

COGNITIVE AND MOTOR NEUROSCIENCE

| KIN 217 – 1 | Applied Human Anatomy Lab (P: KIN 216) |
|-------------|---|
| KIN 365 – 3 | Sensorimotor Control (P: KIN 216) |
| KIN 371 – 3 | Intro to Research Methods (P: KIN 250) |
| KIN 443 – 3 | Psychophysiological Aspects of KIN (P: KIN 173) |
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KIN 465 – 3 Adapted Physical Activity

EXERCISE PHYSIOLOGY

| KIN 125 – 3 | First Aid/Personal Safety |
|-------------|--|
| KIN 217 - 1 | Applied Human Anatomy Lab (P: KIN 216) |
| KIN 371 – 3 | Intro to Research Methods (P: KIN 250) |
| KIN 411 – 2 | Exercise Physiology Lab (P: KIN 310) |
| KIN 465 – 3 | Adapted Physical Activity |

PSYCHO-SOCIAL ASPECTS OF PHYSICAL ACTIVITY

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|---------------------|---|
| KIN 345 – 3 | Sport and Exercise Psychology* |
| KIN 445 – 3 | Sport and Physical Activity in Society* |
| KIN 371 – 3 | Intro to Research Methods (P: KIN 250) |
| KIN 443 – 3 | Psychophysiological Aspects of KIN (P: KIN 173) |
| KIN 465 – 3 | Adapted Physical Activity |
| * 0.55 -15-55 | |

^{*} One class will count toward the cognate requirement; one class will count toward the Kinesiology Core requirement.

SPORT MANAGEMENT

KIN 401 – 4 Principles of Coaching II**
KIN 454 – 3 Facility Planning & Construction
KIN 456 – 2 Ethical Issues in Athletics (summer Only)

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KINESIOLOGY DEPARTMENT MINORS

HEALTH PROMOTION (18 credits)

| KIN 121 – 3 | The Healthy Lifestyle |
|-------------|-------------------------------|
| PSY 320 - 3 | Health Psychology (P: PSY101) |
| HNF 150 - 3 | Intro to Human Nutrition |

and

Elective credits from the following - 9 cr

| LIECTIV | e creuits | monn the | IOIIOWII |
|---------|-----------|----------|----------|
| ANP | 270 | HNF | 102 |
| ANP | 370 | HNF | 310 |
| CEP | 260 | HNF | 385 |
| CEP | 261 | HNF | 406 |
| EEM | 260 | HNF | 415 |
| EPI | 390 | HNF | 457 |
| GEO | 435 | PHL | 344 |
| HDFS | 225 | PHL | 453 |
| HDFS | 444 | PSY | 333 |
| HDFS | 445 | SOC | 475 |
| HM | 101 | | |

See College website:

http://www.education.msu.edu/academics/undergraduate/kinesiology/health-promotion.asp

| COACHING (22-25 credits | COACH | NG | (22-25 | credits | ١ |
|-------------------------|-------|----|--------|---------|---|
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| KIN 173 – 3 | Foundations in Kinesiology |
|-------------|--|
| KIN 216 – 3 | Applied Human Anatomy |
| KIN 345 – 3 | Sport & Exercise Psychology |
| KIN 360 – 3 | Physical Growth and Motor Development |
| KIN 400 – 4 | Principles of Coaching I |
| KIN 401 – 4 | Principles of Coaching II |
| KIN XXX – 2 | Sport Coaching Course or Fieldwork |
| KIN 125 – 3 | First Aid & Personal Safety OR |
| | Current certification in First Aid and CPR |
| | (documented through an approved source) |

See College website:

http://www.education.msu.edu/academics/undergraduate/kinesiology/coaching.asp

^{**} See the Academic Advising Guide or the KIN website for suggested elective courses. Courses from the Minor in Sport Business Management are also approved substitutions. ISS courses cannot be double-counted. https://broad.msu.edu/undergraduate/programs/sports-business-management-minor/