

MSU's Coaching Foundations Course	
Sections/Modules	Estimated Time to Complete
<b>Introduction/Course Overview</b>	<b>5 minutes</b>
<b>Module 1: The Mediation Coach</b>	<b>1 hour 35 minutes</b>
<ul style="list-style-type: none"> <li>• The Mediation Coach Overview</li> <li>• MSU's Framework for Educational Coaching</li> <li>• Mediation Coaching Mindset</li> <li>• Mediation Coaching Skills</li> <li>• Quiz</li> </ul>	<ul style="list-style-type: none"> <li>• 5 minutes</li> <li>• 30 minutes</li> <li>• 30 minutes</li> <li>• 25 minutes</li> <li>• 5 minutes</li> </ul>
<b>Module 2: Active Listening</b>	<b>1 hour 40 minutes</b>
<ul style="list-style-type: none"> <li>• Active Listening Overview</li> <li>• What is Active Listening?</li> <li>• Internal Skills of Active Listening</li> <li>• External Skills of Active Listening</li> <li>• Relational Trust and Rapport</li> <li>• Quiz</li> </ul>	<ul style="list-style-type: none"> <li>• 5 minutes</li> <li>• 20 minutes</li> <li>• 25 minutes</li> <li>• 25 minutes</li> <li>• 20 minutes</li> <li>• 5 minutes</li> </ul>
<b>Module 3: Effective Questioning</b>	<b>1 hour 30 minutes</b>
<ul style="list-style-type: none"> <li>• Effective Questioning Overview</li> <li>• Effective Questioning</li> <li>• How to Challenge Assessments</li> <li>• Types and Characteristics of Effective Questions</li> <li>• Questioning Practice</li> <li>• Quiz</li> </ul>	<ul style="list-style-type: none"> <li>• 5 minutes</li> <li>• 20 minutes</li> <li>• 20 minutes</li> <li>• 30 minutes</li> <li>• 10 minutes</li> <li>• 5 minutes</li> </ul>
<b>Module 4: The SBI(I) Feedback Model</b>	<b>1 hour 10 minutes</b>
<ul style="list-style-type: none"> <li>• The SBI(I) Feedback Model Overview</li> <li>• SBI(I) Feedback Model</li> <li>• Using the SBI(I) Feedback Model</li> <li>• Entering the Coaching Conversation</li> <li>• Quiz</li> </ul>	<ul style="list-style-type: none"> <li>• 5 minutes</li> <li>• 15 minutes</li> <li>• 30 minutes</li> <li>• 15 minutes</li> <li>• 5 minutes</li> </ul>
<b>Final Assessment</b>	<b>35 minutes</b>
<b>Course Evaluation</b>	<b>5 minutes</b>
<b>Total time to complete</b>	<b>5 hours 40 mins</b>