

# Tayo Moss, M.S.

Michigan State University  
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## EDUCATION

- 2015- 2018      **Ph.D., Kinesiology.** Michigan State University.  
Specialization: Psychosocial Aspects of Sport and Physical Activity.  
Advisor: Dr. Deborah Feltz.  
**Certificate:** Educational Technology (exp. in 2016)  
**Certificate:** Teaching/Learning in Postsecondary Education (exp. in 2017)  
**Certificate:** Online Teaching and Learning (exp. in 2017)  
**Certificate:** Certificate in College Teaching (exp. in 2018)
- 2013- 2015      **Master of Science, Kinesiology.** Michigan State University.  
Specialization: Psychosocial Aspects of Sport and Physical Activity.  
Advisor: Dr. Deborah Feltz.
- 2008- 2013      **Bachelor of Science, Psychology.** Ferris State University.  
**Minor:** Communication  
**Certificate:** Sports Communication

## TEACHING EXPERIENCE

- 2013- Present      Graduate Teaching Assistant. Michigan State University. Department of Kinesiology. Supervisor: Sue Halsey
- Primary Instructor  
KIN 121 – Healthy Lifestyles (3 courses)  
Taught a combination of lecture, discussion, and group activities. Led in-class workouts addressing the health-related components taught in lecture. Topics include health-related fitness, chronic diseases, and mental health.
- Basic Activity Courses  
KIN 101A – Swimming I (4 courses)  
KIN 103A – Aerobic Exercise (3 courses)  
KIN 103D – General Conditioning (3 courses)  
KIN 103R – Weight Training I (3 courses)  
KIN 103S – Swim Conditioning (3 courses)  
KIN 103U – Step Aerobics (1 course)

KIN 106E – Golf I (1 course)  
KIN 107E – Tennis I (1 course)  
KIN 108F – Soccer I (1 course)  
KIN 111A – Swimming II (3 courses)  
KIN 111B – Swimming III (1 course)

### **Invited Guest Lectures**

November 2013      Guest Lecturer. Michigan State University.  
    • Delivered one lecture for an undergraduate course in Kinesiology 345: Sport and Exercise Psychology on burnout

### **HONORS AND AWARDS**

2016    RCAH Fellowship Program in Teaching and Learning (\$7,500.00)  
2016    Future Academic Scholars in Teaching Fellowship (\$2,000.00)  
2016    KIN Summer Research Development Fellowship (\$2,500.00)  
2015    KIN Outstanding Master's Degree Student Award.  
2015    Academic Achievement Graduate Assistantship Awardee. Michigan State University, Department of Kinesiology.  
2012    Ferris State University Athletic Leadership Award. Awarded for displaying strong leadership skills in the athletic department for the 2012 collegiate season.

### **TEACHING ENHANCEMENT AND PROFESSIONAL DEVELOPMENT**

***Selected Participant***, 2016. Michigan State University “Graduate Student Life and Wellness Leadership Development Academy” Michigan State University, East Lansing, MI.

***Participant***, 2014. Michigan State University “Graduate Institute of College Teaching” Michigan State University, East Lansing, MI.

### **PUBLICATIONS**

#### **Referred Journals**

Moss, T., Feltz, D.L., Kerr, N., Winn, B., & Smith, A. L. (in preparation). The Köhler effect: Intergroup competition using software-generated partners

Moss, T., Landon, T., & Henderson, R. (in preparation). Sports and disability: Enhanced social inclusion and acceptance through athletic participation

Moss, T., Robbins, L., & Bourne, K. (in preparation). Treatment fidelity of motivational interviewing

### **RESEARCH EXPERIENCE**

- 2014- Present Graduate Research Assistant. Michigan State University. Department of Kinesiology. Advisor: Dr. Deborah Feltz
- Conducting experiments on middle-aged, physically fit adults to find how certain virtual partners could improve an astronaut's motivation to exercise with an exercise bike
  - Arranged software on computers to examine which type of computer-generated workout partner is most effective.
  - National Aeronautics and Space Administration/National Space Biomedical Research Institute Grant
- 2013- 2014 Research Leader. Michigan State University. Department of Kinesiology. Advisor: Dr. Deborah Feltz
- My research involved creating an experimental design to see how the incorporation of a superior software-generated partner into an active video game would effect an individual's motivation when competing against a human/virtual partner team
  - Worked independently in order to create, gather, analyze and interpret data
  - Consulted with video game developers to ensure that the video game targets key components of Köhler effect research
  - Conducted over 90 experimentations on college-aged student and analyzed the results from the data
- 2013- 2014 Research Associate. Michigan State University. Department of Kinesiology. Advisor: Dr. Deborah Feltz
- Assisted with the experiment that has participants work collectively with a partner on an exercise bike to understand if their motivation could improve the intensity and duration of the exercise.
  - National Institutes of Health Grant
- 2013 Research Assistant. Michigan State University. Department of Kinesiology. Study Title: The power of pronouns: Communication effects on exercise duration of weaker group members during exercise with virtually-present partners. Investigator: Emery Max
- Conducted experimentations for over thirty participants
  - Administered questionnaires to study participants
  - Assisted with administrative tasks

## WORK EXPERIENCE

- 2014- January 2016    Learning Assistant. Michigan State University. Clara Bell Smith Center (Student-Athlete Support Services). Supervisors: Elliott Daniels, Laura Terry
- Provide guidance, learning resources, and support to a variety of Michigan State student-athletes that enhance their development both academically and personally
- 2008- August 2013    Pharmacy Technician. Family Center Pharmacy. Dearborn Heights, Michigan. Supervisor: Abiodun Masha-Moss
- Assisted Pharmacist with patient care and counselling
  - Delivered prescriptions to seniors and shut-ins
  - Ordered prescriptions and stocked shelves
  - Provided customer service for the pharmacy

## CONSULTING EXPERIENCE

- June 2014- Present    East Lansing Soccer Complex. East Lansing, Michigan. Team: Lansing United Soccer Club
- Currently demonstrating and teaching different aspects of mental skills that are needed to perform at a high level to semi-pro soccer players.
- Feb- April, 2014       Michigan State University. East Lansing, Michigan. Team: Men/Women's Swimming and Diving Team
- Shadowed Dr. Andrew Driska and assisted in training mental skills to the student-athletes involved with the team.

## PROFESSIONAL SERVICE

### Manuscript review

*Michigan Reading Journal*; 2015

## ADMINISTRATIVE SERVICES TO THE DEPARTMENT

- 2016- Present        **Faculty Search Committee Member.** Michigan State University. Department of Kinesiology.
- 2015- Present        **Kinesiology Graduate Student Organization Secretary.** Michigan State University. Department of Kinesiology.

2014- 2015                    **Graduate Employee's Union Representative.** Michigan State University.  
Department of Kinesiology.

Spring 2013                    **Master's Hearing Board Member.** Michigan State University. Department  
of Kinesiology.

## CONFERENCE PRESENTATIONS

### Oral Presentations

**Moss, T.**, Feltz, D. L., & Kerr, N. (2015). Can intergroup competition with a virtual partner boost the Koehler effect? Paper presented at the annual meeting of the North American Society for Psychology of Sport and Physical Activity, Portland, OR, USA.

### Poster Presentations

Dickinson, C. A., Holmes, S., McGlynn, C., **Moss, T.**, Schlosser, B., & Meinholdt, C. (2013). Empathy, prejudice, and social identity. 2012 Michigan Undergraduate Psychology Research Conference. Poster presented at Calvin College in Grand Rapids, MI.

Dickinson, C. A., Holmes, S., McGlynn, C., **Moss, T.**, Schlosser, B., & Meinholdt, C. (2012). Empathy, prejudice, and social identity. 2012 Arts and Science Department Student Recognition Day. Poster presented at Ferris State University in Big Rapids, MI.

## INVITED PRESENTATIONS

March 2016                    Invited Presentation. Michigan State University.

- **Moss, T.** , Chee, G., Logan, R., Louks, M., Stiefel, K., & Washington, B. (2016). Setting the Foundation for Leadership. 2016 Graduate Student Life and Wellness Leadership Development Academy.

February 2016                    Invited Presentation. Women in Sports Leadership Conference

- Gould, D., & **Moss, T.** (2016). Motivating the Unmotivated. Michigan High School Athletic Association's 2016 Women in Sports Leadership Conference.

February 2015                    Invited Presentation. Ferris State University.

- Cowburn, I., & **Moss, T.** (2015). What Are They Thinking and How Do We Know? Motivations of Athletes: Good, Bad, and Ugly. 2015 Sport Careers RSO Speaker Series.

## PROFESSIONAL ASSOCIATION MEMBERSHIP

1. North American Society for the Psychology of Sport and Physical Activity (NASPSPA)
2. Applied Association for Sport Psychology (AASP)

3. MSU Kinesiology Graduate Student Organization (KGSO)
4. The Alliances for Graduate Education and the Professoriate (AGEP)
5. Toastmasters International
6. Ferris State University Gridiron Booster

## **ATHLETIC HONORS**

2012	Ferris State Football Team Captain
2011, 2012	Division II All-American Linebacker
2011, 2012	First Team All-GLIAC
2011, 2012	Conference Leader in Tackles
2010, 2012	National Player of the Week
2010, 2012	GLIAC Player of the Week