

Message from the Chair

Deborah L. Feltz



We have had a very productive academic year for 2007-08. We had a record number of grants and faculty publications, a number of outstanding majors graduating, we recruited an outstanding cohort of graduate students for this fall, and we continued with our successful initiatives in our Hampton University student exchange, our athletic training major, our Korean Sport Leadership Program, and various outreach activities.

In this issue, two of our Hampton exchange students relate their experiences at Hampton University – an historically Black and private university in Hampton, Virginia. We are pleased that we won a *Creating Inclusive Excellence at Michigan State University* grant for 2008-2009 to expand this exchange and enrich the student experience. We plan to include faculty visits from both institutions and to increase the number of students who participate in the exchange. Other news in this issue includes a description of our International Sport Leadership Program with Hoseo University, a story on one of our doctoral student's efforts to make her Olympic team, and our Spartan Profiles focus on our dedicated support staff.

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Our faculty and students have received recognitions for their achievements over the past academic year. We acknowledge these achievements each year at our annual awards banquet. These awards are listed on page 7. We also present a Professional Achievement Award in Kinesiology. This year we were pleased to recognize Dr. Dee Edington. Please read about Dee on page 6. He has a very distinguished career. Also you will see the other departmental award winners that we are very proud of.

We also have a busy year coming up. We will continue our search for an assistant/associate behavioral scientist in physical activity. The behavioral position will help in attracting federal funding for research and in attracting more doctoral students who want to bridge the psychological and physiological aspects of physical activity. In addition, we plan to search for three other positions this year: one in youth development, one in neuro-motor control with a developmental focus, and one in physical education. These positions are due to three faculty who will be retiring after next year: Dr. Eugene Brown, Dr. Gail Dummer, and Dr. Yevonne Smith. The physical education position is to replace Dr. Robert (Bob) Benham, who will be leaving the university to take a position elsewhere. I speak for all the faculty and staff in saying that Bob has made significant contributions to our physical education teacher training program and to the department.

While these searches are going on, we will be renovating between 3500-4000 sq. ft. of new lab space. We were able to secure additional space from the women's locker room in I.M. Sports-Circle to house the new Human Energy Research Lab in the Center for Physical Activity and Health. This new space will allow us to conduct more research, especially in the pediatric exercise science area and to allow for more faculty and research assistant space.

Thank you, again, for your generous gifts of financial support. We will continue to use this support to advance the necessary changes we see as rewarding to our communities.

THE HAMPTON EXCHANGE

by
Nicole Geary

My semester: First participants reflect

The Department of Kinesiology has created an enriching alternative to studying abroad through its new U.S. Exchange Program, a partnership with Hampton University forged in spring 2007. As a historically black, small and private college, the Hampton, Virginia based institution offers a unique contrast to MSU, allowing students from both universities to share history and heritage, friendships and collegiality.



Blake McGhee called his trip uplifting. The experience not only connected the Detroit native to powerful career networking; he picked up references from professors and learned about scholarship opportunities that could bolster his plans to become a physical therapist. McGhee also established relationships with supportive peers who set the bar high—especially fellow members of his fraternity, the Hampton chapter of Omega Psi Phi. Those personal and professional connections generated extra confidence to carry him forward. He now sees an advanced degree and, with it, another venture far from home in his future.

The Hampton University student exchange was an enlightening experience. I picked MSU because it has a plethora of resources and a good reputation. However, being an African-American male, I wanted to have the experience of attending an Historically Black College or University. At one time, African-Americans didn't have either the resources or the option to attend other universities. Being at a Big Ten university, I often wondered how life would be different at an HBCU.

I felt obliged to take advantage of the exchange opportunity, because how many universities offer a program like this? Apparently, students at Hampton are curious too. Many of them approached me to inquire about how they could participate in a student exchange program. These students' majors were in nursing, business and journalism. When I arrived, the first thing I noticed was the beauty of Virginia and the East Coast. I was awestruck. It rarely had cold days. The next thing I noticed was that everyone I ran into was very polite.

Hampton has a prestigious reputation on discipline, and what I admired about the campus was that everybody wanted to be involved, whether in events or community service projects. This helped me gain ideas about how to set up creative programs on my campus.

By fellowshipping with fellow fraternity brothers at Hampton, I networked and created friendships. Being an active student in class, I earned two letters of recommendation from my professors at Hampton. The experience in itself has inspired me to apply to graduate schools outside the state of Michigan. I want this program to continue. I believe that it's innovative and can build the character of students who participate in it.

Blake E. McGee



Elizabeth Berdanier had the urge. She wanted to study somewhere other than MSU for a small portion of her undergraduate life. Trouble is, the Lansing native had already seen many parts of the world growing up in a mobile military family, including both of the kinesiology department's study abroad destinations (Australia and the United Kingdom). Hampton became one portal to multiple new experiences – sailing, tiny college classes and, most significantly, the ability to immerse in and understand different cultures right here in the United States. No matter how she pursues her interest in promoting exercise and health, Berdanier knows she'll be bolder. She understands unity better than ever before.

I thoroughly enjoyed my time while in Hampton, Virginia. It was an extraordinary all-around learning experience. Being placed in such a radically different environment forced me to look at everything in a new light. I gained firsthand exposure to a great historically black university, a priceless encounter that taught me a lot about different cultures and attitudes toward race. I was the racial minority for the first time in my life and it had me walk a mile in somebody else's shoes.

Seeing my own field of study taught from a different perspective, in another area of the country, really allowed me to gain a better knowledge of my possibilities for potential growth and development. I am now confident there are different environments where one can focus on what they love in a location that best suits them.

I was astounded by the abundant natural beauty and rich history that surrounded me in Southern Virginia. My favorite aspect of the entire experience was living so close to the beach and the warm weather that accompanied it.

I really enjoyed the friendliness, hospitality and personal attention that a small private institution provided, as well as being able to better appreciate MSU's differing procedures and unique opportunities. I am grateful for the chance I had to participate in classes not offered at Michigan State, such as aerobic dance – one course I will not soon forget.

I made lasting friendships, and I am confident that I am better prepared, with additional and varied resources for helping me attain my future career goals. I feel that my time visiting Hampton University was like being placed in the refiner's fire and coming out with a beautiful and valuable life experience.

— Elizabeth Berdanier

MSU doctoral student high-jumps into Olympics Adapted from Nicole Geary



Nicole Forrester, a third year doctoral student in sport psychology and a veteran competitor familiar with adversity, qualified to compete in the Beijing Olympics where she will represent Canada as its sole high-jumper.

Forrester, 31, missed the qualifying height by just one centimeter in 2000. Then, in 2004, she severely injured her ankle a month before the trials. She said she draws on her academic studies in sport psychology – and the support of faculty members to strengthen the mental part of her game.

In the months leading to this year's trials, she relied on frequent conversations with professor Dan Gould. He has been helping her develop a tougher, more focused mindset since becoming her sports psychologist consultant – or mental coach – nearly two years ago. She also receives support from academic advisor Deborah Feltz.

Forrester, who competed for University of Michigan as an undergraduate, plans to spend about two weeks at her Ann Arbor training base before departing for Beijing. The Ontario, Canada native will enjoy the excitement of the opening ceremony before re-focusing again, heading to the Canadian track and field team's Olympic training camp in Singapore. She will compete during the final days of the Beijing Olympics, although the exact dates are uncertain. Track and field events are scheduled for Aug. 15-24.



SPARTAN PROFILES

Have you ever wondered who is on the other end of the phone? In Kinesiology we have very dedicated staff who assist all of the faculty and students and all of you who have called for information. In this issue we thought it would be nice to profile them so you would get a glimpse of who you are talking to when you call. We are fortunate to have the type of commitment each of them brings to our department.



Jan Davenport

Responsibilities: Secretary to the basic instructional program and the teacher-preparation program in the Department. Secretary for classroom scheduling, drops, adds, overrides, and independent studies in KIN. Liaison to publishers for course textbooks and reference Library. Editorial assistant and contact person for the *Performance in Motion* newsletter.



Patricia Hampton

Responsibilities: Administrative Assistant/Special project coordinator for the department. Coordinates and manages the Hampton University student exchange program. Provides assistance to the Basic Instructional program coordinator, oversees space allocation for graduate students, and inventory of exercise and class equipment.



JoAnn Janes

Responsibilities: Secretary for the Graduate Studies Program. Secretary for the Center for Physical Activity and Health.



Verna Lyon

Responsibilities: Office Supervisor and administrative assistant for the department. Works with the department budget with all faculty, employment papers and hiring of graduate students.



Amy Rivard

Responsibilities: Provides secretarial support to faculty members, and the BIP teaching assistants. Secretary for the Sports Skills Program. Maintains departmental accounts. Contact person for instructional media equipment for classes.



Darcie Zubek

Responsibilities: Secretarial support for the Institute for the Study of Youth Sports.





KIN faculty/staff with Korean representatives

International Sports Leadership Program

A collaboration between the
Korea Coaching Development Center at Hoseo University and
Kinesiology at Michigan State University

International Sports Leadership Program (ISLP) is a unique, non-degree certificate program for international sport leaders to meet the growing worldwide demand for educational training and to facilitate the exchange of ideas among real-world professionals. ISLP is designed for coaches, sport instructors, and sports-related persons in order to enhance their (a) professional knowledge, especially regarding competence in practical coaching knowledge and skills, focusing on sports

education, (b) English and cross-cultural communication skills, and (c) understanding of U.S. and global affairs, including in the developments in the sports education field.

During the spring 2008 semester, two students, Ms. Sook Rye Ha, a national level basketball coach, and Sang Chul Lee, a sport education student from Hoseo University, went through our ISLP program. In addition, we hosted three visiting scholars from Korea as a part of the program: Dr. Kyoung-Shil Park, Dr. Bongseok Oh, and Dr. Man Sik Choi.

DISSERTATIONS DEFENDED:

Melissa Alexander - Social Skills and Sports (S3) Program: Developing the Social Skills of Young Adult Special Olympics Athletes. Advisor— Gail Dummer. Defended June 19, 2008.

Todd Gilson - Social Cognitive and Control Therapy: A Test of Self-Efficacy and Performance in Strength and Conditioning. Advisor - Deborah L. Feltz. Defended April 24, 2008.

Jeong-Dae Lee - Socio-Cultural Constructions of Traditional Masculinity and Relationships to Sport/Physical Activity Values and Behaviors. Advisor - Yevonne Smith. Defended July 29, 2008.

Amanda Paule - The Good, The Bad, and The Ugly: Examining Intercollegiate Athletic Recruiting. Advisor - Yevonne Smith, Dissertation Director - Kristen Renn. Defended April 3, 2008.

Michael Roskamp - Physical Education Field Supervision within a Situated Framework. Advisor - Gail Dummer, Dissertation Director - Thomas Bird. December 13, 2007.

Jennifer Stiller - An Evaluation of an Educational Intervention in Psychology of Injury for Athletic Training Students. Advisor - Daniel Gould. Defended March 11, 2008.

ALUMNI NEWS

Melissa Alexander (Ph.D., '08), accepted a faculty position at Montclair State University in New Jersey.

Sian Beilock (Ph.D., '03), was promoted to associate professor with tenure in the psychology department at the University of Chicago.

Kathleen Ellis (Ph.D., '01), was promoted to associate professor with tenure at the University of Rhode Island.

Todd Gilson (Ph.D., '08), accepted a faculty position at Northern Illinois University.

Ryan Hedstrom (Ph.D., '06), is moving from Castleton State College to take a faculty position at Manchester College in Indiana.

Craig Paiement (Ph.D., '06), is moving from Castleton State College to take a faculty position at Western Michigan University.

William (Drew) Scales (M.S., '95), is now the Assistant Athletic Director/Director of Student Athletic Academic Services at the University of Toledo.

Jennifer Stiller (Ph.D., '08), accepted a position at Lasell College as the athletic training clinical coordinator and faculty member.

Christopher Stewart (M.S., '08), accepted a coaching and teaching position at Olivet College as the defensive back coach, assistant track coach, and assistant strength and conditioning coach.

Every year the department of Kinesiology nominates alumni who have been recognized in their fields for outstanding leadership and research that embodies the philosophy that we teach here at Michigan State University. This year our faculty selected Dee W. Edington.

Congratulations, Dee~

Professional Achievement Award—Dee Edington

Dr. Dee W. Edington is professor of movement science at the University of Michigan. He received his B.S. degree in mathematics from Michigan State University in 1959, his M.S. in physical education from Florida State University in 1963, and his Ph.D. in physical education (exercise physiology concentration) from MSU in 1968. He started his career as an assistant professor at the University of Massachusetts in 1969 and was awarded tenure and promotion there in 1973, at which time he also became department chair. He held this position until 1976 when he accepted the position of department chair and full professor at the University of Michigan. He was chairman/director of kinesiology at University of Michigan until 1999. He is currently the Director of the University of Michigan Health Management Research Center.



Dr. Edington's teaching and research focus is on the relationships between healthy lifestyles and future health care utilization and costs for both individuals and organizations. His research focuses on health behaviors of individuals such as physical inactivity, overweight, smoking, high blood pressure and high cholesterol. Dr. Edington is the author or co-author of over 500 articles, presentations, and several books based on his research, including *Biology of Physical Activity*, *Biological Awareness*, *Frontiers of Exercise Biology*, *The One Minute Manager Gets Fit* and the 2nd edition, *The One Minute Manager Balances Work and Life*. He has received numerous awards for his work, including the Vern Seefeldt Lifetime Achievement Award, from the Michigan Governor's Council on Physical Fitness, Health, and Sports; Distinguished Alumnus Award from Michigan State University, College of Education; One Hundred Health Industry Leaders, VIP Award from the International Racquet Sports Association; and the Distinguished Contribution to the Science of Health Risk Appraisal Award from the Society of Prospective Medicine. In recognition of all of his career achievements, the Department of Kinesiology is proud to honor Dr. Dee Edington with its own Alumni Professional Achievement Award.

We wish to recognize the outstanding accomplishments of all of our students, faculty and staff. The following are honors and awards for the 2007-2008 academic year.

Undergraduate Awards

Amy Schmidt	-Outstanding Senior Award from the MSU Senior Class Council and KIN Community Service Award
Katie Lawrence	-KIN Outstanding Senior Award and MAHPERD Outstanding Senior Award
Maureen Pawlak	-MAHPERD Outstanding Senior Award
Lisa Erickson	-Lawrence Sierra Award and Roy K. Niemeyer Scholarship
Kelly Mattran	-Thomas W. Smith Endowed Scholarship in Kinesiology
Kevin Leonoff	-Henry J. & Betty Montoye Endowed Scholarship
Anthony Troshak	-Victor H. and Rachel P. Noll Scholarship Winner
Stephen Denton	-Janet Wessel Award in Adapted Physical Activity
Maria Feldpausch	-Janet Wessel Award in Adapted Physical Activity
Angela Glossop	-Janet Wessel Award in Adapted Physical Activity
Ashley Hudson	-Janet Wessel Award in Adapted Physical Activity
Amy Schmidt	-Janet Wessel Award in Adapted Physical Activity
Ashley Smeltzer	-Janet Wessel Award in Adapted Physical Activity
Madalyn Weber	-Janet Wessel Award in Adapted Physical Activity
Katie Forsyth	-David O. Hough Memorial Scholarship in Athletic Training
Genevieve Gourlay-	Michael Straus Student Ath. Trainer Academic Achievement Award
Kayle Hisey	-David O. Hough Memorial Scholarship in Athletic Training
Sidney Jones	-Ronnie Barnes Student Ath. Trainer Service & Leadership Award
Lindsey Pyc Trainer Award	-Michael Straus Student Ath. Trainer Academic Excellence Award and Ray J. Saltzman Outstanding Student Athletic
Justin Rogers	-David O. Hough Memorial Scholarship in Athletic Training
Emily Tong	-Michael Straus Student Ath. Trainer Academic Excellence Award

Military Science Awards: Kenneth Ruge

Graduate Awards

Ryan Flett	-William Wohlgamuth Memorial Fellowship
Kyle Morrison	-William W. Heusner Endowed Graduate Fellowship Award
Jeremy Marra	-Ken & Kristen Zisholz Outstanding Athletic Training Graduate Student Award
Melissa G.F. Alexander	-Janet Wessel Award in Adapted Physical Activity
Darijan Suton	-Janet Wessel Award in Adapted Physical Activity
Mary Martha Douglas	-Janet Wessel Award in Adapted Physical Activity, and KIN Endowed Fellowship
Graig Chow	-KIN Research Fellowship
Lanay Mudd	-KIN Outstanding Doctoral Student Award and KIN Research Fellowship
Darijan Suton	-KIN Outstanding Master Student Award

Faculty - Staff Awards

Gail Dummer — Outstanding Adapted Physical Activity Professional Award from the Adapted Physical Activity Council of AAHPERD, April 2008; Gail and her KIN 465 students received the Outstanding Sports Organization Award — Presented to the MSU Sports Skills Program by Special Olympics Michigan, October 2007. Gail also received the Stephen Tsai Educator of the Year Award from the Autism Society of Michigan, 2007.

Daniel Gould and **Larry Lauer** were named among the 100 Most Influential Sports Educators in America by the Institute for International Sport. Dan is a professor of Kinesiology and director of the department's Institute for the Study of Youth Sports. Larry is the director of Coaching Education and Development for the institute.

Performance in Motion

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News about you and other alums: (memberships, publications, promotions, honors, awards, etc.)

STUDENT NEWS

Olga Santiago, doctoral student, received the 2008 URPOP Primm-Singleton travel award for the College on Problems of Drug Dependence (CPDD). Olga attended the CPDD meeting in Puerto Rico and presented her research. Her presentation was *Participation in school athletic teams and use of alcohol, tobacco, and cannabis among 10th graders: United States, 2006*.

Jeong-Dae (JD) Lee, doctoral student who will finish this summer, accepted a faculty position at Miami University of Ohio.

Teri Hepler, doctoral student who will finish this summer, accepted a faculty position at Adams State College in Colorado.

Nicole Forrester, doctoral student, qualified to compete in the high jump in the Beijing Olympics, representing Canada.

Amy E. Schmidt, KIN major, was named the Fall 2007 Outstanding Senior by MSU's Senior Class Council.

Performance in Motion

A newsletter distributed to members of the Mentor Society, the generous contributors who are enriching and enhancing our success as a unit at Michigan State University, alumni, and friends of Kinesiology.

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