Message from the Chair, Deborah L. Feltz

Athletic Training is Now a Major in the Department!

Our biggest news is that our current specialization in athletic training is now a major. The Commission on Accreditation of Athletic Training (CAATE) started requiring, in 2006, that the Athletic Training Major be identifiable on a student’s transcript in order for a program to stay or become accredited. We received accreditation back in 2004 for our undergraduate program, but it was a specialization under the kinesiology major. The importance of keeping our accreditation is that only those students who graduate from an accredited program are allowed to sit for the national certification exam. Thus, Dr. Tracey Covassin, our director of the undergraduate program for athletic training and assistant professor, went to work this past year to prepare all the necessary requests and forms and attended many curriculum committee meetings to establish the Bachelor of Science Degree in Athletic Training.

The major in athletic training prepares students to work with athletes, physicians, and coaches to ensure the health care and well-being of the competitive and recreational athlete. Job opportunities exist in collegiate, professional, clinical, high school, and industrial settings. Students who graduate from this program may also enter professional physical therapy programs, medical programs, or graduate studies in kinesiology.

The athletic training major is very similar to the former specialization with just some re-ordering and re-numbering of certain classes. The major still blends clinical and academic learning experiences, and students gain knowledge and skills in evaluation and the treatment and rehabilitation of athletic injuries. Students will complete a 3-year athletic training curriculum while working in a variety of clinical settings, such as the Athletics Department, high schools, and physical therapy clinics, but will not be formally admitted to the major until the beginning of their junior year.

In other news, we hosted our first exchange student, Loren Wilder, from Hampton University this spring. We have a formal student exchange program with Hampton University – a historically Black and private university in Hampton, Virginia, to enhance the diversity and quality of our students’ academic experience. The two universities are not only different in the racial make up of their students but also different in student population size, class size, and student life. Loren is a Bill Cosby scholar and he really enjoyed his experience here at MSU. He is a football player and he also very much enjoyed our equipment facilities, not to mention the variety of meals in our Residence Hall. He was a little overwhelmed regarding the size of our classrooms, but really valued the experience and could not wait to return to Hampton and share his experience with friends. We are sending two of our majors to Hampton this fall semester, 2007. Our thanks go to Patricia Hampton, one of our staff members, who has been helping students with logistical concerns, Ms. Jo Hartwell, our undergraduate advisor, who has promoted this opportunity for our students, and Dr. Dianne Ulibarri, who oversaw the application process.

As I mentioned in the last newsletter, we conducted two faculty searches during the academic year, and I am very pleased to announce that we have appointed Dr. Joe Eisenmann as an assistant professor, starting this fall, in the area of exercise physiology. Dr. Eisenmann is also one of our alums, having received his Ph.D degree in 2000. His research focuses on pediatric exercise physiology and epidemiology, epidemiology of physical activity, obesity and cardiovascular disease and the risk factors during childhood and adolescence and later health outcomes. We are pleased to have him return to MSU.

We will continue our search for an assistant/associate behavioral scientist in physical activity. The behavioral position is a new position to help attract federal funding for research and attract more doctoral students who want to bridge the psychological and physiological aspects of physical activity.

Our faculty and students have received recognitions for their achievements over the past academic year. We acknowledge these achievements each year at our annual awards banquet. These awards are listed on page 6. We also present a Professional Achievement Award in Kinesiology. This year we were pleased to recognize Kathy Lindahl. Please read about Kathy on page 4. She has a very distinguished career. Also you will see the other departmental award winners that we are very proud of. We also wish to congratulate our students who have graduated this year. These graduates are listed on page 5.

Lastly, with considerable sadness, I am sharing with you the death of Tony Filippis Sr. Tony was the Vice-Chair of the Michigan Commission on Disability Concerns. He founded the business of Wright & Filippis. Tony was a tireless and passionate advocate for the disability community and for disability issues. He made it possible for us to initiate a wheelchair basketball class in our department with a donation for the instructional costs and the chairs. We have been offering this class since Fall semester, 2004.
Ask anyone in the Institute for the Study of Youth Sports (ISYS) who our “go to” staff member is and Dr. Larry Lauer is identified hands down. Larry works part time at ISYS as the Director of Coaching Education and Development, but is virtually involved in every research and outreach project that is carried out. His tireless energy, knowledge of research and outreach, and optimistic attitude is a model for all of us to follow.

Before coming to MSU, Larry earned an undergraduate degree in psychology from Clarion University, and master’s and doctoral degrees in exercise and sport science from the University of North Carolina Greensboro. Larry came to MSU during the final year of his doctoral study when Dan Gould assumed the ISYS directorship. Since then, he has become a valuable and influential member of the ISYS staff. Dr. Lauer has been the main person responsible for developing the Coaching Advancement Program for the Michigan High School Athletic Association and the Think Detroit/Police Athletic League IMPACT leader training program. Both programs are now used to train thousands of youth sport coaches across Michigan.

Larry’s educational background is in sport psychology, and he maintains a strong research interest in studying violence and aggression in youth sport and best methods for teaching young athletes to manage their emotions in competition. He has also examined the role of parents in junior tennis success and ways to teach mental skills to young athletes. His work was recognized in 2005 when his doctoral dissertation on “The efficacy of teaching teenage boys how to play tough but clean hockey” won the National Association for Sport and Physical Education Sport Psychology Academy outstanding dissertation award. A believer in research-to-practice and practice-to-research, Larry has taken his findings and developed a coaches’ education seminar on controlling emotions and playing clean hockey, which has been delivered in Michigan Hockey Association seminars around the state.

Larry is passionate about sport. If you need the latest score, just ask Larry. Better yet, do you want a tennis match or someone to lace up the skates with, just look for Larry! Prior to pursuing a PhD, Larry directed youth ice hockey programs in Pennsylvania and North Carolina and coached youth baseball. He is an advanced level USA Hockey coach and frequent speaker for regional and national ice hockey and tennis coaching programs.

An active sport psychology consultant with a passion for helping athletes develop both as people and performers, Larry consults with a number of athletes both in mid-Michigan and around the country. He is currently working on a book of mental skills and drills for tennis coaches, and, earlier this year, he was asked by USA Tennis to travel to the training center at Carson, California to consult with some of our country’s best junior players.

While Larry does not teach in the department, he is a teacher at heart. He is always helping the graduate students and undergraduate interns with their research and mentoring them on ISYS projects. He even organized a sport psychology consultant get-together for graduate students at his home.

Larry lives in Haslett with his wife Amy, who is a local optometrist. They are proud parents of their first child born May 30, Alaina Grace. Rumor has it that he already has plenty of developmentally appropriate sports activities lined up for their daughter.

Dan Gould, Director of the ISYS, feels Larry’s contributions to the Institute’s success are enormous. “He is our go to guy. Larry gets whatever we need done and done right, and his totally unselfish and positive approach is allowing ISYS to make a real difference in the lives of young people. We are truly lucky to have Larry on the MSU ISYS staff.”
ISYS Named Outstanding Organization by NASPE

At the 2007 AAHPERD Convention, the National Association for Sport and Physical Education (NASPE) honored MSU’s Institute for the Study of Youth Sports (ISYS) with the Ross Merrick National Recognition Award. The Institute received this recognition for its longtime commitment to using research and best practice evidence to advocate for young athletes. According to NASPE President Jackie Lund of Georgia State University, “The Ross Merrick National Recognition Award” is given to an organization that has done exceptional work in supporting physical activity, physical education, or sport as it relates to NASPE’s mission and has supported NASPE as an organization.” Past inductees of the National Recognition Award include such organizations as the American Heart Association, National Federation of State High School Association, President’s Council on Physical Fitness and Sports, Reebok International, and the United States Olympic Committee.

Dr. Jody Brylinsky of Western Michigan University presented the award to Dr. Dan Gould, Director of the Institute, at the national convention in Baltimore, MD.

“There are few social actions that have the positive impact on youth today than ‘sport done right.’ And for close to 30 years, the Institute for the Study of Youth Sports has studied, published, evaluated and advocated for healthy positive physical activity for all children and youth,” said Dr. Brylinsky. “From world class research on critical issues in sport to hands on training of volunteer coaches, the ISYS has been a leader in promoting the beneficial outcomes of youth sport.” Dr. Gould accepted the award on behalf of all the graduate students, faculty, and staff that spent countless hours working tirelessly to maximize the benefits of sport for children and youth through the Institute’s many projects. He paid special tribute to Dr. Vern Seefeldt for laying the groundwork for the Institute and for directing the organization for most of its existence. He also recognized Dr. Deb Feltz and other members of the MSU administration who have believed in and supported the Institute through State of Michigan’s current, very difficult economic times.

Founded nearly 30 years ago by the legislature of the State of Michigan, the ISYS has produced numerous programs. Chief among them being the Program for Athletic Coaches Education (PACE) coach training program and the Michigan High School Athletic Association’s/ISYS’s Coaching Advancement Program, which is used today to provide education for Michigan’s school coaches. The Institute’s partnership with Think Detroit/Polic Athletic League developed a leader training program that will help this group achieve their objective of teaching character through sport to over 11,000 underserved youth in Detroit.

Among current research initiatives, the Institute conducted studies for the U.S. Tennis Association on the role parents play in helping children develop as tennis players and develop personally. Results from this project indicated that parents can help young players develop to elite levels in a manner that is consistent with optimal child development. One does not need to be an overly pushy, critical parent to help the player become a top pro. The Institutes National Football Charities grant work identified how great high school coaches were not only successful on the field, but consistently fostered life skills in their players as well. These findings are being used to help teach future generations of coaches how to achieve athletic excellence without excess while simultaneously developing life skills in young athletes. In addition, research is being conducted to identify the biggest concerns in high school sports today—issues that could interfere with educational athletics as we know it. This information is being disseminated to teachers, coaches and administrators throughout the country.

Kinesiology is proud to house ISYS and recognizes the contributions of all those involved for almost three decades. Our student and faculty ISYS alumni have built an impressive legacy for contemporary and future Spartan students and staff to live up to. We are doing everything possible to uphold these great traditions.
**PROFESSIONAL ACHIEVEMENT AWARD**

**Kathy Lindahl**

Kathryn Lindahl is Assistant Vice President for Finance and Operations at Michigan State University and adjunct professor in the Department of Kinesiology. She received her B.S. degree in physical education from the University of Wisconsin-River Falls in 1973, her M.A. degree in physical education from Michigan State University in 1979, and her Juris Doctorate from the Thomas Cooley Law School in 1994. She started her professional career in 1973 as a high school physical education teacher and coach at Normal Community High School in Normal Illinois. After obtaining her M.A., she worked in the Department of Intercollegiate Athletics at MSU and was appointed associate director of athletics in charge of sport operations in 1982. In that capacity, she also served as the NCAA Senior Woman Administrator for MSU. She held this position until 1998 when she was appointed as Assistant Vice President for Finance and Operations. This position reports directly to the Vice President for Finance, Operations and Treasurer. In addition, Kathy teaches a graduate course for the department in sports law for administrators and coaches. In recognition of her career achievements, the Department of Kinesiology is proud to honor Kathryn Lindahl with its Alumni Professional Achievement Award.

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**Kathy’s Definitions -**

- *The simple gifts -* Understand your gifts
- *Strength –* when I didn’t have it
- *Compromise –* when I become entrenched in my own idea
- *Listening –* the time when you realize you learn the most
- *Caring –* when we take the time to understand people and who they are on the inside

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**Kathy’s Career Tips**

- *Plant the seed –* it will never grow if you don’t
- *Exposure –* get yourself in the room – it will help you see the vision
- *Know a little about a lot and not a lot about a little
- *Be comfortable with what you don’t know - Don’t fear the unknown
- *If you don’t ask, you won’t get it
- *Make peace with your past so it won’t mess up the present
- *No one is in charge of your happiness except you
- *Your job won’t take care of you when you are sick - Your friends will
- *Be a teacher at all times -* Always mentor others along the way with what was missing in your career - impact on lives
- *Never compromise your integrity –* It is the foundation of who we are and separates us as leaders from others and you will be tested

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**ALUMNI NEWS**

- **Sian Beilock** (Ph.D., ’03) received the 2007 Early Career Distinguished Scholar Award from the North American Society for the Psychology of Sport and Physical Activity.
- **Dale Berry** (B.S., 1972) received the 2007 College of Education Alumni Association Outstanding K-12 Teacher Award.
- **Melissa Chase** (Ph.D., ’95) accepted the position as associate dean in the College of Education at Miami University of Ohio.
- **Conyer, Craig** (B.S. ’01) was the recipient of the Golden Apple Award. He is the 5th physical educator to win this award in the 22 years that it has been in existence.
- **Michelle Magyar** (Ph.D., ’02) received the American Alliance for Health, Physical Education, Recreation, and Dance Mabel Lee Award, an award for early career distinguished scholarship.
- **Sandra (Moritz) Short** (Ph.D., ’98) was promoted to full professor at the University of North Dakota and received the University of North Dakota’s College of Education and Human Development Award for outstanding achievement in scholarship.
- **Lucas VanEtten** (B.S., 06), a student in the Doctorate of Physical Therapy program at the University of Florida, was elected president of the Student Physical Therapy Association.
- **Judith D. Walton** (Ph.D. ’85) was inducted into the Hall of Excellence at the University of Northern Iowa. This award recognizes the accomplishments of educators who have contributed significantly to the profession and serve as role models to undergraduate students.

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**STUDENT NEWS**

Jennifer Stiller, doctoral student in sport psychology, received the Norm Kagan Scholarship from the College of Human Medicine.
Congratulations to the following Graduates for 2006-2007

Undergraduate Students Fall 2006

Justin Adams
Ali Alizadeh
Megan Black
Jacob Campbell
Matthew Cheney
Steven Chmielewski
Chawn Guernsey
Whitney Hoard
Yoel Joa
Jonathon Jonas
Bryant Jones
Meaghan Justick
Bradley Krawczyk
Matthew Mansberger
Jennifer Marentic
Alexis McClurkin
Christen McKernan
Lisa Meloche
Rachel Moore
Loai Namoo
Scott Robbins
Lindsey Rossman
Katherine Schaeffer
Jacquelyn Spanding
Kara Stout
Amy Szawara

Undergraduate Students Spring 2007

Meghan Adams
April Aldrich
Christina Algra
Marquita Allen
Stephanie Arnold
Scott Balahoski
Lauren Balgenorth
Danielle Bancroft
Emily Battle
Jonathan Beach
Jacqueline Becker
Lauren Bell
Rachel Berent
Erin Biesenthal
Michael Booi
Matthew Boucher
Mara Brannon
Kara Bremer
Allison Cahill
Chelsea Carr
Lindsey Coleman
Kristen Coleman
Bridget Curry
Stephanie Dandurand
Jennifer Drake
Bruce Dudley
Matthew Dykema
Jamie Elliott
Sarah Ferguson
Michael Fibiger
Jessica Fitzharris
Allison Freeland
Nathaniel Fuentes
Benjamin Fusion
Matthew Gale
Randy Goins
Alex Grabowski
Melanie Grove
Rachel Gruner

Bryon Harris
Erin Hermann
Brock Holtsclaw
Hunter Ignatowski
Alyson Jessel
Jonathan Kephart
Lara Khoury
Charles Kinney
Thomas Klick
David Krause
Lisa Krauseneck
Ala Lalani
Caroline Lang
Mark Langlois
Matthew Leversee
Megan Linne
Nandini Lohithaswa
Katherine Ludwig
Alex Maes
Bennett Mallory
Joseph Matulis
Michelle Moraska
Anthony Morris
Michael Nelson
Jacqueline Noble
Jessica Noblet
Jaclyn O'Brien
Colleen O'Hearn
Kristen Paterson
Kaitlin Posey
Mallory Price
Shanteisha Pruitt
Patrick Reeder
Justen Roselle
Stacy Rye
Bradley Sabo
Laura Sanford
Jacques Sarmiento
Aaron Savard
Cassidy Saylor
Shuntay Smith
Rebecca Spitzarny
James Stottlemeyer
John Van Dam
Katie VanderHoek
Sara VanderPlas
Emily VanGessel
Dana Voorheis
Elizabeth Whitmer
Jessica Wilkins
Kris-Tina Zahringer
Sarah Zahringer

Undergraduate Students Applied for Summer 2007

Adam Chaingnot
Deanna Clark
Erin Davis
Christine Drayton
Nicholas Fridley
Blake Frisdon
Shawn Ginebaugh
Kenneth Goodrich
Heather Hess
Ellen Johnson
Elton Johnson
Johnathan Jones
Brett Kahn
Brian Kushion
Steven Lantzy
Cassandra Lemon
Matthew McNabb
Lauren Monday
Ryan Nagelkirk
Christine Nazareth
Benjamin Nichols
Brennan Powers
Susan Riley
Marquita Sanders
Brad Sarder
Kimberly Skelton
Carly Stier
Adam Vaughan
Brandon Warner
Christopher Watson
Nathanael Williams
Frank Wozny
Lance Zuidema

Graduate Students Fall 2006

Heather Kesselring (Fuller), PhD
Brian Bury, MS
Daniel Ghersing, MS
Graham Pollakoff, MS
Nathan Roman, MS

Applied Spring and Summer 2007 Graduate Students

Laura Kietzman, PhD
Wesley Waggener, PhD
Lindsay Calhoon, MS
Michelle Draska, MS
Katie Hanson, MS
Heather Hill, MS
Richard Jacobs, MS
Kristin Lundy, MS
Andrew Marsh, Andrew MS
James Nernie, MS
Theresa Pusateri, MS
Todd Sellon, MS
Kimberly Sieve, MS
Joelle Stephens, MS
Kai Washington, MS

Honors
High Honors

Joseph Agnello
Tiphanie Anderson
Rachel Babbitt
Margaret Bell
Kendrick Bell
Bryan Bentz
Jillian Biggs
Stephen Bradley
Joseph Brooks
We wish to recognize the outstanding accomplishments of all of our students, faculty and staff. The following are honors and awards for the 2006-2007 academic year.

**Graduate Awards**

April Aldrich - Michael Straus Student Ath. Trainer Academic Excellence Award
Rachel Berent - KIN Community Service Award & Outstanding Senior Award
Megan Black - NASPE Outstanding Senior Award
Michael Bool - Ray J. Saltzman Outstanding Student Athletic Trainer Award
Lindsey Coleman - Michael Straus Student Ath. Trainer Academic Excellence Award
Lisa DeBuck - MAHPERD Outstanding Senior Award
Christine Drayton - Thomas W. Smith Endowed Scholarship in Kinesiology
Melanie Grove - MAHPERD Outstanding Senior Award
Brian Holtsclaw - Henry J. & Betty Montoye Endowed Scholarship
Alyson Jessel - Michael Straus Student Ath. Trainer Academic Achievement Award
Laura Morehouse - Roy K. Niemeyer Scholarship
Kristen Paterson - Ronnie Barnes Student Ath. Trainer Service & Leadership Award
Lindsey Pyc - David O. Hough Memorial Scholarship in Athletic Training
Jenna Street - Ronnie Barnes Student Ath. Trainer Service & Leadership Award
Emily Tong - David O. Hough Memorial Scholarship
Steven Chmielewski - Janet Wessel Award in Adapted Physical Activity
Maria Feldpausch - Janet Wessel Award in Adapted Physical Activity
Alexia McClerkin - Janet Wessel Award in Adapted Physical Activity
Amy Schmidt - Janet Wessel Award in Adapted Physical Activity
Brandon Warner - Janet Wessel Award in Adapted Physical Activity
Madalyn Weber - Janet Wessel Award in Adapted Physical Activity

**Academic Excellence Gala Awards to Graduating Senior Athletes:**
Top Scholar Athletes: Kate Burdick and Cole Malatinsky
Military Science Awards: Kenneth Ruge and James Stottlemeyer

**Graduate Awards**

Adam J. Bruenger - Excellence in Teaching Award
Sarah A. Carson - KIN Outstanding Doctoral Student Award
Angela M. Fifer - William Wohlgamuth Memorial Fellowship
M. Ryan Flett - Dean’s Scholar
Todd A. Gilson - Spencer Research Training Grant and KIN Research Fellowship
Laura A. Kietzmann - Dissertation Completion Fellowship
Jeremy L. Knous - William W. Heusner Endowed Graduate Fellowship Award
Laney M. Mudd - KIN Endowed Fellowship and KIN Research Fellowship
Kristen E. Murray - KIN Endowed Fellowship
Michael J. Roskamp - Dissertation Completion Fellowship
Olga Santiago - Donald H. Nickerson Fellowship in Cultural Diversity and Minority Concerns
Kimberly S. Sieve - Ken & Kristen Zisholz Outstanding Athletic Training Graduate Student Award
Jennifer Stiller - KIN Research Fellowship
Melissa Alexander - Janet Wessel Award in Adapted Physical Activity
Eric A. Bean - Janet Wessel Award in Adapted Physical Activity
Mary M. Douglas - Janet Wessel Award in Adapted Physical Activity
Kyle M. Morrison - Janet Wessel Award in Adapted Physical Activity
Darijan Sutton - Janet Wessel Award in Adapted Physical Activity

**Faculty - Staff Awards**

-Eugene Brown, Honorable Mention in the Fully Online Course category for the 2007 AY&T Faculty Awards, Youth Sport Institute
-Crystal Branta, College of Education Excellence In Teaching Award
-Gail Dummer, Stephen Tsai “Educator of the Year” Award from the Autism Society of Michigan
-Deborah Feltz, In recognition of her contribution to the profession as the Second Annual RQES Lecturer
-Kirt Butler, Ron Fox, Marian Reiter and Ron Southwick were recognized for their excellence in teaching as volunteer instructors for the Department of Kinesiology
Sarah is a promising young doctoral scholar in sport psychology who has received several awards for her research, including the Wohlgamuth Fellowship for her work on hazing in sports. She has four published/in press papers, as well as several scholarly presentations. Sarah has received extremely positive colleague and student reviews of her teaching in the Physical Growth and Motor Behavior, Psychological Bases of Physical Activity, and Proseminar in Kinesiology courses. Her professional contributions include presentations at MHSAA Captain’s Council clinics and serving as sport psychologist to MSU teams and athletes. In addition, Sarah is an active participant in Kinesiology Graduate Student Organization (KGSO) and College of Education committees. Sarah appreciates the variety of opportunities she has experienced at MSU, stating that “I’ve gone through a mini-mentored-crash-course in learning how to balance teaching, research, and service responsibilities, and feel well equipped to step into the role of a university faculty member.”

Kim has excelled in her chosen field of athletic training, where she has served as athletic trainer to MSU cross country, track and field, and field hockey teams. She completed her thesis on EMG measures of selected hip and muscle activation during non-weight-bearing exercise. Her teaching responsibilities included KIN 125–First Aid and Personal Safety, as well as daily mentoring of undergraduate athletic training students in clinical settings. Kim has also served as a leader within KGSO. Kim is “honored to receive this award” and wishes to “thank the KIN faculty, especially Drs. Covassin and Powell, and the athletic training staff for assisting me in achieving my goals.”

An exceptional student and leader in and outside the classroom, Rachel demonstrates excellence. She has a 4.0 GPA in her Kinesiology classes and her professors describe her as being professional, enthusiastic and highly energetic for both her career path and academics. Her command of the English language and strong communication skills allow for effective communication. Rachel sets the bar high for herself, encourages those with whom she works to excel and in doing so, elevates the performance level of the group. Her energy, perseverance, and participation in classes spill over into life, in general. Rachel has volunteered at local, state and national levels. As President of Phi Epsilon Kappa (PEK), our professional Kinesiology fraternity, her leadership skills were put to the test. She took a floundering group and built it into a vibrant organization. Rachel has volunteered as a coach in Girls Get Going hosted at Michigan State University, volunteered at the Special Olympics, initiated PEK’s involvement with the adopt-a-family program for the holidays, coordinated the annual apparel sale and participated in intramurals. Additionally, Rachel devoted her last three spring breaks to the Alternative Spring Break Program, working in Jonestown Mississippi, Philadelphia Pennsylvania, and the Christian Appalachian Project in Kentucky. For her dedication to excellence in learning, leadership and outstanding community service, the Department of Kinesiology is pleased to award both the Outstanding Senior Award and the Community Service Award to Rachel M. Berent.
Call for News
Please send updates, information, and comments to the address listed above.

Name___________________________________________ Maiden Name________________________________
Graduation Date/Major____________________________ Spouses’s Name________________________________
Employer_______________________________________ Home Address_________________________________
Position/Title____________________________________ _____________________________________________
Work Address____________________________________ City_____________________State______Zip________
City______________________State_________ Zip_____ Home Phone (         )____________________________
Work Phone (          )_____________________________ E-mail Address________________________________

News about you or other alums: (memberships, publications, promotions, honors, awards, etc.).