



DEPARTMENT OF KINESIOLOGY MICHIGAN STATE UNIVERSITY

Volume 14, Number 1

Spring 2006

Message from the Chair, Deborah L. Feltz



Last fall, at MSU's Sesquicentennial Convocation Address, President Lou Anna K. Simon announced the University's **Boldness by Design** initiative. This is a strategic commitment to become recognized worldwide as the United States' leading land-grant research university for the 21st century. In President Simon's address, she called upon the MSU family of students, faculty, staff, alumni, and friends—"Team MSU"—to join together in a bold undertaking intended to transform MSU and the role of the land-grant university in the state, the nation, and the world. The strategic imperatives of Boldness by Design include the following five components:

- Enhance the student experience—by continually improving the quality of academic programs and the value of an MSU degree for undergraduate and graduate students
- Enrich community, economic, and family life—through research, outreach, engagement, entrepreneurship, innovation, and diversity
- Expand international reach—through academic, research, and economic development initiatives and global, national, and local strategic alliances
- Increase research opportunities—by significantly expanding research funding and involvement of graduate and undergraduate students in research and scholarship
- Strengthen stewardship—by appreciating and nurturing the university's financial assets, campus infrastructure, and people for optimal effectiveness today and tomorrow

The details of Boldness by Design can be read at <http://strategicpositioning.msu.edu/default.asp>. The Department of Kinesiology has responded to these strategic imperatives with five new initiatives that enhance the student experience and expand international reach.

1. *Student exchange program with Hampton University* – an historically Black and private university in Hampton, Virginia. We would exchange 3 to 5 students for a semester each year to enhance the diversity and quality of our students' academic experience. The two universities are not only different in the racial make up of their student body but also different in student population size, class size, and student life. We hope to have our first exchange cohort by Spring semester 2007.
2. *Articulation agreement with Central Michigan University's Doctorate of Physical Therapy (DPT) Program*. MSU does not have a physical therapy program, and many of our majors want to pursue physical therapy as a graduate degree. One way to allow students to continue their graduate education in Michigan in physical therapy is to have an articulation agreement with another Michigan university. Therefore, CMU has agreed to admit up to three qualified, full-time students from MSU's Kinesiology Department, who satisfy all of the criteria, into its DPT program. The admission of these selected candidates will be directly into the program on a non-competitive basis. Non-competitive basis means that once selected as one of the three students from MSU, the student's admission is guaranteed into the DPT program at CMU.
3. *A senior thesis option for undergraduate students*. The faculty has started to explore this option as an alternative to the internship requirement and to provide for more research experience for those students who are interested in pursuing graduate work in kinesiology or another scientific discipline.
4. *Accreditation of the Graduate Emphasis in Athletic Training* by the National Athletic Trainers' Association. Accreditation will enhance the visibility and professional experiences of certified athletic training professionals in the graduate program.
5. *Visiting International Coaches Program* – in cooperation with the Korea Coaching Development Center (KCDC) at Hoseo University. We are expanding our international reach through sport by developing a strategic alliance with KCDC to provide leadership training for international sport leaders and exchange information on global issues surrounding sport.

In addition to our initiatives that fit specifically into **Boldness by Design**, we continue to improve in our research and teaching efforts, and recognize the outstanding contributions of students, faculty, and alumni. Adding new faculty is one way that we are increasing our research and teaching efforts. As I mentioned in the last newsletter, we conducted some faculty searches during the academic year, and I am very pleased to announce that we have appointed Dr. Karin Pfeiffer as an assistant professor, starting this fall, in the area of exercise physiology. Dr. Pfeiffer is also one of our alums, having received her M.S. degree in 1997 and Ph.D. in 2001. She completed a post-doctoral fellowship in the Department of Exercise Science at the University of South Carolina and is currently a research assistant professor there. Her research focuses on measurement of physical activity in children and adolescents and physical activity interventions that improve the health of these two populations. We are pleased to have her return to MSU.

We still have two more faculty searches underway. We have another position at the assistant/associate level in exercise physiology. Our second search is for an assistant/associate behavioral scientist in physical activity, broadly defined to include exercise, physical activity, and sport.

We also have a strong support staff which greatly helps the Department to be successful in its teaching and research efforts. We have exceptional staff in this department who work hard as a team to make the department run efficiently. I am pleased to welcome a new staff member, Patricia Hampton, who will assist with the Basic Instructional Program and special projects.

Lastly, our faculty and students have received recognitions for their achievements over the past academic year. We acknowledge these achievements each year at our annual awards banquet. These awards are listed on page 6. We also present a Professional Achievement Award in Kinesiology. This year we were pleased to recognize Ronnie Barnes, head athletic trainer and Vice President for Medical Services for the New York Football Giants. Please read about Ronnie on page 3. He has a very distinguished career. Also you will see the other departmental award winners of which we are very proud. As you will see on those pages, our undergraduate graduating seniors numbers have grown. We have also increased our graduate level number of students graduating. This, in it self, is a testimony that our department is recognized as an accomplished unit at Michigan State University.

Michigan State University Athletic Training Program by Tracey Covassin

Michigan State's undergraduate athletic training program is a specialty in the field of sports medicine where active daily involvement with athletes, physicians, and coaches affects the health care and well-being of the competitive and recreational athlete. Undergraduate athletic training students complete the athletic training program in three years. At MSU, the athletic training student is offered a wide interdisciplinary base of educational and professional development capable of preparing him or her for future job opportunities in the collegiate, professional, clinical, high school, or industrial setting. Athletic training is a profession that demands dedication and hard work.

Michigan State's undergraduate athletic training educational program involves an aggressive hands-on experiential learning structure blended with an academically enriched curricula. We believe the best method of learning is to combine didactic knowledge and clinical experiences in the learning environment. The opportunity to apply classroom knowledge in the athletic training room is greatly available and enhances the learning process. Like the profession, our program requires many hours of both classroom and clinical time. In order for our students to succeed in our program they must learn to budget their time and prioritize their commitments and activities.

Our program is becoming one of the best Undergraduate Athletic Training Education Programs in the country. During the past academic year we have established an agreement between MSU's undergraduate athletic training program and Ingham Regional Medical Center, Capitol Physical Therapy Associates, Holt High School, Mason High School, and Waverly High School. Our students will have the opportunity to work in a physical therapy clinic, occupational clinic, or high school. During the 2006-2007 academic year we plan on expanding our outreach program to emergency rooms, orthopedic rotations, and sports medicine practices.

Go Green!! Go White!!



Professional Achievement Award

Ronnie Barnes

Ronnie Barnes, M.S., ATC, was a former Michigan State University assistant athletic trainer and is the current head athletic trainer and Vice President for Medical Services for the New York Football Giants. Mr. Barnes is one of the most respected athletic trainers in the National Athletic Trainers Association. In 1996 he was awarded the National Athletic Trainers' Association Most Distinguished Athletic Trainer Award and was inducted into the National Athletic Trainers' Association Hall of Fame in 1999. He has twice been voted National Professional Athletic Trainer of the Year by the Professional Football Athletic Trainers Society. Mr. Barnes was a member of the National Athletic Trainers' Association Board of Certification, past president of the National Athletic Trainers' Association Research and Education Foundation and recipient of the Tim Kerin Award for Excellence in Athletic Training. He recently completed a seven year term as President of the Professional Athletic Trainers Society and he and his staff were awarded the Ed Block Courage Award as the NFL Athletic Training Staff of the Year in 1999. Mr. Barnes was named March of Dimes Man of the Year in 1999.

Mr. Barnes received his Bachelor's Degree from East Carolina University in 1974 and an advanced degree in administrative services from Michigan State University in 1979. Since his graduation, he has been actively involved as an alumnus of both institutions. Mr. Barnes was the first African-American graduate of the Sports Medicine Department at ECU and has been elected to the East Carolina Hall of Fame and named an Outstanding Alumni. In 2002, he was honored by East Carolina University by opening the Ronnie P. Barnes African-American Resource Center at the school's Joyner Library.

In 1998, Michigan State University's Athletic Training Department established the Ronnie P. Barnes Student Athletic Trainer and Leadership Award through a grant to the Athletic Department's Ralph Young Fund. This award is given each year to the senior undergraduate student that most exemplifies the qualities of professional dedication and leadership. Through Mr. Barnes' generosity and personal commitment to Michigan State University, his major grant has contributed significantly to the growth of the undergraduate athletic training education program. With Mr. Barnes continuing support, the Ronnie P. Barnes Resource Center was established in the Spring of 2006 to support the growth of the undergraduate and graduate athletic training education programs.

Mr. Barnes has lectured nationally and internationally on sports medicine and is a co-author of the popular textbook call "Athletic Training and Sports Medicine". His personal and professional dedication to the profession of athletic training is unmatched. Among his friends and peers he exemplifies the qualities of integrity, honesty, generosity and a genuine concern for people.



In Loving Memory of
Blanche Edna Simon

Blanche Simon, taught our majors when all of our students were educated to be teachers. Together, and with Stan Drobac, she also worked as co-undergraduate advisor for years. Besides teaching at different colleges around the country before settling in East Lansing, Blanche was in the Peace Corp assigned to Santiago Chile and surrounding areas. She traveled to the Amazon and worked with natives where she learned to make her own bows and arrows, as well as survival training in the wilderness. She brought those and other skills into the classroom, and in her deadpan humor, would convince students that lacking equipment to teach was not a limitation, simply a challenge: make your own. She was physically active all of her life. When she retired from MSU, she taught swimming at Ferris State for a few years. She lived by a lake and swam across it every day she could...until it froze over. She shared a wealth of knowledge with students and faculty. Blanche passed away in January, 2006 and will be missed by many.



ISYS Hosts National Coaching Educators' Conference

ISYS in partnership with the Michigan High School Athletic Association hosted the 2006 USA Coaching Coalition national coaching educators' conference at MSU's Henry Center for Executive Training. Over 100 participants from throughout the United States took part in the three day event and included representatives from national sport organizations like the US Olympic Committee, National Federation of State High School Activity Associations, Pop Warner Football, US Swimming, and the US Tennis Association, as well as individuals from high schools, colleges and universities. The goals of the conference were to bring together the Nation's coaching educators to discuss innovations in coaching education, the latest research on the science of coaching and coaching education, and to provide a forum for best practice discussions.



Dan Varner (Think Detroit/PAL)

Selected highlights from the conference included:

- Jim Thompson's of the Positive Coaching Alliance address on ways to market coaching education;
- Dan Varner of Think Detroit/PAL and Jack Roberts of the MHSAA speeches on combating the professionalization of sports for children and ways to insure that high school athletics remain educational;
- An interview panel discussion with five young athletes ranging in age from 7 to 16 years who discussed what they found most and least helpful from coaches and issues they face in contemporary sport;
- How the US Tennis Association ties sports science and coaching education together both on and off the court; and,
- Sessions discussing the latest research on key topics such as hazing, sports specialization, overuse injuries and ways coaches learn.



Jim Thompson (PCA)

Not only was the conference a success at achieving it's stated goals, but it had the added benefit of showcasing the state of Michigan's innovative leadership in coaching education.



Cathy Sellers (USOC)



Jack Roberts (MHSAA)





SPARTAN PROFILE

Tracey Covassin **Athletic Training**

Dr. Tracey Covassin was born in Mississauga, Ontario Canada and raised in Brampton, Ontario. Tracey received her private pilot's license and twin engine rating when she was 19 years old. Her early career goals were to fly commercial planes. However, due to poor vision she was forced to change careers. In 1995, Tracey graduated from McMaster University with a degree in psychology. During her 4 years at McMaster, she played on the varsity tennis team earning OWIAA First Team All-Star, runner-up in doubles (94, 95) and runner-up in singles (92,93,94). She played one more year for the University of Calgary winning the Canadian National Team Championships.

In 1997, Tracey decided to pursue athletic training at the University of Nevada, Las Vegas. During her 2 years at UNLV, she completed her 1500 volunteer athletic training hours, thesis in sport psychology, and taught athletic training laboratory classes. In 1999, Tracey was awarded Phi Kappa Phi (Honor Society) for her academic achievement. The following year, Tracey was the Head Athletic Trainer for Durango High School.

Tracey accepted an assistantship at Temple University teaching anatomy and physiology laboratory classes while completing her Ph.D. in sport psychology in 2000. While living in Philadelphia, Tracey got the idea for her dissertation, "Neuropsychological impairments and post-concussion symptoms in collegiate athletes," from watching Eric Lindros suffer his 8th concussion playing for the Flyers. Tracey was the project coordinator for the Philadelphia Sports Concussion Project (PSCP). Her position involved coordinating the development of the PSCP at Drexel University, Rutgers University, St. Joseph's University, Temple University, and the University of Delaware.

After completing her Ph.D. in 2003, Tracey accepted a teaching position at Shippensburg University in the Department of Exercise Science. She taught athletic training, biomechanics, sports nutrition, and lifestyle management classes.

In 2005, Tracey joined the Michigan State University family as an assistant professor in the Department of Kinesiology. She is currently the Undergraduate Athletic Training Program Director and assistant athletic trainer overseeing field hockey and men's and women's tennis. During her first year at MSU, she organized seminars, revised the curriculum, built rapport with the athletic training students. She is currently the Chair of the Athletic Training Education Endowment and has started to build an outreach program in the Lansing community.

Professionally, she has authored and co-authored numerous manuscripts in both athletic training and sport psychology journals. Tracey regularly presents her research at the National Athletic Trainers' Association and the Association for the Advancement of Applied Sport Psychology annual conferences. She received a Doctoral Grant from the NATA Research and Education Foundation, College of Education grant, and is currently in the process of writing other grants.

Her current and future research goals include neuropsychological impairments of athletes who sustain a concussion, prospective studies documenting multiple concussions and the long-term consequences of individuals who sustain a concussion, and epidemiological studies concentrating on youth and collegiate sports.

Sports have always been a part of Tracey's life, particularly tennis and skiing. She has skied Banff, Lake Louise, Apex, Pocono's, Killington, and Lake Tahoe. Her traveling adventures have taken her across Canada, USA, Caribbean, Mexico, England, and Italy. Tracey is an avid Toronto Maple Leafs fan and is waiting for the day the Leafs bring home the Stanley Cup.

We wish to recognize the outstanding accomplishments of all of our students, faculty and staff. The following are honors and awards for the 2004-2005 academic year.

Undergraduate Awards

M. Kathryn Beal	-Janet Wessel Award in Adapted Physical Activity
Leslie Cowen	-Michael Straus Student Ath. Trainer Academic Excellence Award and Ray J. Saltzman Outstanding Student Athletic Trainer Award
Alicia Copestick	-Janet Wessel Award in Adapted Physical Activity
Lindsey Coleman	-David O. Hough Memorial Scholarship
Colleen Duff	-Ronnie Barnes Student Ath. Trainer Service & Leadership Award
Michael Fibiger	-David O. Hough Memorial Scholarship
Margaret T. Giddens	-KIN Community Service Award
Hunter Ignatoski	-Excellence in Diversity Award
Jessica Kinsey	-Roy K. Niemeyer Scholarship
Jessica Koch	-Janet Wessel Award in Adapted Physical Activity and Michael Straus Student Ath. Trainer Academic Excellence Award
Kathryn Lundberg	-Janet Wessel Award in Adapted Physical Activity
Renee O'Connell	-Janet Wessel Award in Adapted Physical Activity
Shaun Ross	-Janet Wessel Award in Adapted Physical Activity
Jacob Seng	-Janet Wessel Award in Adapted Physical Activity
Jenna Street	-Ronnie Barnes Student Ath. Trainer Service & Leadership Award
Melissa Tremblay	-Henry J. & Betty Montoye Endowed Scholarship and Sarah Palmer/Teri Tarbell Scholarship
Lucas Van Etten	-KIN Outstanding Senior Student Award, Janet Wessel Award in Adapted Physical Activity, Senior Class Council Outstanding Senior Award

Academic Excellence Gala Awards to Graduating Senior Athletes: Sara Alexander, Gymnastics; Lindsay Bowen, Basketball; Michelle Carstens, Field Hockey; Maggie Giddens, Field Hockey; Brandon Fields, Football; Marissa Macholz, Tennis; Victoria Morache, Softball; Kirsten Rasanen, Crew; Drew Stanton, Football

Top Scholar Athletes: Kate Burdick, Crew, and Cole Malatinsky, Football.

Military Science Awards: Kenneth Ruge, James Stottlemeyer, and Katie Vanderhoek

Graduate Awards

Mary Barron	-Wohlgamuth Memorial Fellowship
Kevin Blue	-University Enrichment Fellowship
Adam Bruenger	-Clifford E. Erickson Memorial Scholarship
Richard Carpenter	-Summer Research Fellowship
Mercedes Carswell	-MSU Dissertation Fellowship
Mary Douglas	-Janet Wessel Award in Adapted Physical Activity, and Dean's Scholar
Nicole Forrester	-Donald H. Nickerson Fellowship in Cultural Diversity And Minority Concerns
Melissa Fraser	-Janet Wessel Award in Adapted Physical Activity
Heather Kesselring	-MSU Dissertation Fellowship
Jeong-Dae Lee (JD)	-KIN Outstanding Doctoral Student Award
Marguerite Moore	-KIN Endowed Fellowship
Kyle Morrison	-Janet Wessel Award in Adapted Physical Activity
Lanay Mudd	-William W. Heusner Endowed Graduate Fellowship Award
Josh Ode	-KIN Endowed Fellowship
Amanda Paule	-Spencer Fellowship (2005) and Dorothy Harris Scholarship (2006-2007)
Jennifer Stiller	-Dean's Scholar
Leigh Weiss	-KIN Outstanding Master Student Award

Faculty - Staff Awards

Gail Dummer	-Rick Knas Lifetime Achievement Award, Athletes with Disabilities Hall of Fame
Sally Nogle	-Jack Breslin Outstanding Staff Award

**Outstanding Doctoral
Student Award
Jeong-Dae (JD) Lee**

Jeong-Dae (JD) Lee, an international student from Korea, is an exemplary graduate student with a 3.7 GPA in sport sociology. He has taught taekwondo and swimming in the BIP program and served as a graduate teaching assistant in sport sociology courses. In addition to teaching the required course content, JD has helped his students to increase their knowledge about different cultures, especially his native Korea, an important contribution to a campus with 45,000 students from over 130 countries.

JD's research interests include health and sports participation among people of color; social structures and the social significance of sport from multiple social, psychological and cultural perspectives; teaching and learning in physical education; and masculinities in sport activities. He has acquired research skills by assisting his mentor, Dr. Yevonne Smith, through advanced research methods courses completed at the University of Michigan as a CIC Traveling Scholar, and by collaborating with fellow KIN graduate students on their dissertation projects. His curriculum vita boasts four publications and four scholarly presentations.

The Department of Kinesiology has benefited significantly from JD's contributions. JD's committee work includes a term as graduate student representative on the KIN Curriculum Committee, as well as membership in the KIN Graduate Student Organization, and service as KIN's representative to the Council of Graduate Students. In addition he assisted Dr. Eugene Brown with the Korean Coaches Institute recently conducted at MSU.

**Outstanding Master
Student Award
Leigh Weiss**

Leigh Weiss has become a "triple threat" in the area of athletic training, with significant accomplishments and contributions in the areas of scholarship, teaching, and service.

Leigh is scheduled to complete the M.S. degree in Spring 2006. He successfully defended his thesis, "The Effects of an Exhaustive Bout of Exercise on Neurocognitive Function," and is now preparing a paper for presentation and publication. He previously has published two articles in the *NATA News*.

His teaching contributions include supervision and instruction of several undergraduate athletic training students who work in the MSU football program each semester, instruction in KIN 427 where he helps students prepare for the NATA certification examination, and guest lectures KIN 426 about manual muscle testing.

Leigh holds professional memberships in the National Athletic Trainers' Association, the National Academy of Sports Medicine, and the National Strength and Conditioning Association. He has provided athletic training services at MSU, the University of Pittsburgh, and several professional and semi-professional football and baseball organizations. In addition, Leigh has volunteered his services at several sports events held on the MSU campus.

**Outstanding Senior
Student Award
Lucas VanEtten**

Lucas VanEtten is a member of the Honors College and maintains a 4.0 GPA. Lucas is described as extremely collegial and a quintessential team player, working well with all classmates. His professors agreed that he improved the quality of work and depth of understanding of other students. In his experiences outside the classroom, Lucas became involved with research in the Fibrinolysis Research and Genetics Lab, as well as fitness testing within the Human Energy Research Lab. He worked on a curricular project in adapted physical education and gained practical experience in planning an adapted physical education program. He interned at Gary Gray Physical Therapy, Origami Rehabilitation Center and worked in the adapted sports skills program at MSU. In his own words, Lucas learned the value of hard work and determination in achieving goals which will prove invaluable in his journey to provide the highest quality of physical therapy care. For his outstanding dedication to academics and service, the Department of Kinesiology is pleased to present Lucas with the Outstanding Senior Award.

**Community Service
Student Award
Margaret Tucker Giddens**

Margaret Giddens's service to the community has been a part of her life for many years. She was a volunteer caretaker at a free child care program for teenage mothers. She was a member of the MSU Field Hockey team and because of her love of sports became involved with many programs designed to help children and young adults develop in a variety of areas. Locally, Maggie became involved in such programs as Athletes for Kids, Celebrity Book Reading, a pen pal program and the Sam's Club Basketball Rally. She was a member of the Girls Get Going Sports Clinic Committee and volunteered at the IM-West. Locally, Maggie was a volunteer coach and counselor for the Champions Field Hockey Camp. On the national scene, Maggie continued her volunteer coaching and counseling at elite field hockey camps in Delaware, Massachusetts and New Jersey. As a volunteer coach for Spirit USA, she coached two teams, one in the National Festival and most recently at the Wild World of Sports. For her unselfish service to the community, the Department of Kinesiology is pleased to present Maggie with the Community Service Award.

Performance in Motion

Kinesiology Department
134 IM Sports Circle
Michigan State University
East Lansing, MI 48824-1049

SPRING 2006

NON-PROFIT ORG.
U.S. POSTAGE
PAID
E. Lansing, MI
Permit No. 21

Call for News

Please send updates, information, and comments to the address listed above.

Name _____ *Maiden Name* _____

Graduation Date/Major _____ *Spouses's Name* _____

Employer _____ *Home Address* _____

Position/Title _____

Work Address _____ *City* _____ *State* _____ *Zip* _____

City _____ *State* _____ *Zip* _____ *Home Phone* () _____

Work Phone () _____ *E-mail Address* _____

News about you or other alums: (memberships, publications, promotions, honors, awards, etc.).

Performance In Motion

A newsletter distributed to members of the Mentor Society, the generous contributors who are enriching and enhancing our success as a unit at Michigan State University, alumni and friends of Kinesiology

Published two times a year by the Department of Kinesiology, College of Education, Michigan State University.

Editorial Office: 134 IM Sports Circle

Telephone: (517) 355-4730, Fax: (517) 353-2944

E-Mail: davenp37@msu.edu

Website: <http://ed-web6.msu.edu/kin/>

Editor: Deborah L. Feltz

Editorial Staff: Jan Davenport