Alternative Majors & Careers for Current KIN Students

Are you looking for an academic option outside the Department of Kinesiology? Consider pursuing a new major that allows you to focus on your strengths and career interests, while using some of the classes you’ve already taken.

We’ve selected 5 majors that match our students’ academic and career interests, but do not require the same pure science coursework. Your career aspirations don’t necessarily need to change with a different major. Contact one of our advisors to discuss your fit.

Need more help choosing a major/career path?
Talk to a College of Education advisor. We’re here to help you.

Michael Haslett
Academic Advising
haslett3@msu.edu

Becky Olsen
Academic Advising
beckyo@msu.edu

Amy Tratt
Academic Advising
tratt@msu.edu

Jennifer Watson
Academic Advising
watsonj4@msu.edu

Pepa Casselman
Career Advising
carls173@msu.edu

College of Education Student Affairs Office, 134 Erickson Hall, 517-353-9680, education.msu.edu/resources/students/student-affairs

OTHER MAJORS TO CONSIDER

MAJORS
- Agriculture, Food & Natural Resources Education (non-teaching track) (CANR)
- IDH (CSS)
- Environmental Studies & Sustainability (CANR)
- Food Industry Management (CANR)
- Journalism (CAS)
- Linguistics (CAL)
- Media & Information (CAS)
- Nutritional Sciences (CANR)
- Social Work (CSS)
- Sociology (CSS)

For more information on majors, minors & specializations, go to reg.msu.edu/academicprograms

OTHER MINORS TO CONSIDER

MINORS
- Bioethics, Humanities, & Society (HM)
- Coaching (COE)
- Cognitive Science (CAL)
- Entrepreneurship (BUS)
- Global Public Health & Epidemiology (HM)
- Global Studies in Arts & Humanities (CSS)
- Health Promotion (COE)
- Leadership & Integrated Learning (Bailey Scholars Program—College of Agriculture & Natural Resources)
- Public Relations (CAS)
- Sales (CAS)
- Sports Business Management (BUS)
INTERDISCIPLINARY STUDIES IN SOCIAL SCIENCE (IDS)

Health & Society Concentration

This concentration examines the social, behavioral and economic determinants of health. Students will gain the knowledge and skills to improve population health, and may select from courses in health, psychology, anthropology of alternative medicine, or the sociology of health care systems. Students choosing this concentration are interested in working in issues related to health, from specific fields like Nursing, Medicine, or Physician Assistants, as well as more general fields like health administration, public health, health care law, mental health and personal care.

Career paths:
- Community and governmental agencies and organizations that provide health and human services to children, youth, and families
- Public and private organizations providing health, fitness and wellness services to communities

Potential job titles:
- Health Advocate
- Recreation Manager
- Pharmaceutical Sales Representative
- Corporate Health and Wellness Specialist
- Advocate for Special Populations (aging, disabilities, etc.)

Potential organizations of employment:
- Blue Cross Blue Shield
- Detroit Tigers
- Hope Network
- Sparrow Health Systems
- Meridian Health Plan

What you should know:
- Good choice for those interested in health care, civic engagement and social change
- Skills that include appreciation for diversity, interpersonal skills, decision making, problem solving, advocacy, helping people
- Bachelor of Arts and Bachelor of Science degree options
- No math/science core required for admission

You may have taken courses that meet IDS requirements:
- University requirements
  - WRA 110-150
  - MTH 1825, 103, 114, 124, 132
  - ISS/IAH
  - PSL 250 = ISB
  - CEM 141 = ISP
  - CEM 161 & PHY 251 = Lab requirement
- Electives allowed: Up to 25 elective credits

Additional transferrable courses
- PSY 101
- PSY 320
- SOC 100
- SOC 216
- KIN 216
- HDFS 225
- Other KIN electives in CSS

Contact an IDS advisor to discuss a potential major change. You can meet with any IDS academic advisor.

IDS

Overview of Degree Program:
ids.socialscience.msu.edu/ids/about

Academic Advisor
Regan Kania
kania@msu.edu
https://www.egr.msu.edu/adcalendar/

Career Consultant
Amy Deitrickson
deitricksona@ssc.msu.edu
careernetwork.msu.edu/advising

Regan Kania

Michigan State University
College of Education
A major for those committed to improving the health and well-being of diverse individuals and families across the lifespan through research, teaching, and professional practice. At the undergraduate level, the focus is on the application of knowledge about individual development and family processes to early childhood education, child and youth services in the community, and services for adults.

Career Paths:
- Community and governmental agencies and organizations providing health and human services to children, youth, and families
- Work for adoption agencies, government agencies, recreational facilities, disability services, nonprofit
- Public and private organizations providing health, fitness and wellness services to communities

Potential job titles:
- Respite Care Provider
- Child and Family Advocate
- Behavior Treatment Specialist
- At-Risk Youth Counselor
- Administrator for Programs Serving Special Populations

Potential organizations of employment:
- YMCA
- American Red Cross
- American Cancer Society
- Department of Human Services
- Boys and Girls Club

What you should know:
- Good choice for those interested in health care, working with youth, and people with disabilities
- Skills that include helping people, promoting health, active listening, critical thinking, working with families, advocacy
- Bachelor of Arts and Bachelor of Science degree options
- No math/science core required for admission

You may have taken courses that meet HDFS requirements:
- University requirements
  - WRA 110-150
  - MTH 1825, 103, 114, 116, 124, 132
  - ISS/IAH
  - PSL 250 = ISB
  - CEM 141 = ISP
  - CEM 161 & PHY 251 = Lab requirement
- Electives allowed: Up to 16 credits

Contact an HDFS advisor to discuss a potential major change. You can meet with any HDFS academic advisor.
PSYCHOLOGY

Psychology is the study of human and mental processes and behavior. It is both a biological and social science, a scholarly discipline, and a profession. Psychology is a diverse discipline and students use many different methods and procedures to study mental processes and behavior and focus on a variety of problems.

Career paths:
- Working with child/youth/elder care, human resources, human services, special populations services, social services
- Jobs in retail management, consulting services, manufacturing/production, court/juvenile services, market research, customer services, governmental/legislative services

Potential job titles:
- Behavior Treatment Specialist
- Care Manager
- Health Care Coordinator
- Advocate for Special Populations (aging, disabilities, etc.)
- Rehabilitation Specialist

Potential organizations of employment:
- American Cancer Society
- CBI Rehabilitation Services
- Community Mental Health
- MI—Department of Community Health
- Turning Point Youth Center

What you should know:
- Good for students interested in research, health care, and working with people
- Flexibility with elective credits
- Skills that include communication, information-finding, critical evaluation, helping people, empathy, decision making, pragmatism
- Bachelor of Arts and Bachelor of Science degree options
- No math/science core required for admission

You may have taken courses that meet PSY requirements:
- University Requirements
  - WRA 110-150
  - MTH 1825, 103, 114, 124, 132
  - ISS/IAH
  - PSL 250 = ISB
  - CEM 141 = ISP
  - CEM 161 & PHY 251 = Lab requirement
- Electives Allowed: 26-28 elective credits

- Additional transferrable courses
  - PSY 101
  - PSY 209
  - PSY 280
  - PSY 295
  - CEP 260/261
  - HDFS 225
  - Other KIN electives in CSS

Contact a PSY advisor to discuss a potential major change. You can meet with any PSY academic advisor.

Overview of Degree Programs:
https://reg.msu.edu/academicprograms/
ProgramDetail.asp?Program=4419

Academic Advisor
Andrea Lunsted
lunsteda@msu.edu

Career Consultant
Amy Deitrickson
deitricksona@ssc.msu.edu

Potential organizations of employment:
- American Cancer Society
- CBI Rehabilitation Services
- Community Mental Health
- MI—Department of Community Health
- Turning Point Youth Center

Alternative Majors & Careers for Current KIN Students
With a strong training in communication research and presentation, alumni use their skills of persuasion and leadership in careers in health communication, sales, promotion, public relations, human resources, broadcasting, political campaigning, and many other careers that influence our society every day.

Career paths:
- Jobs in sports management, business, nonprofit, health communication

Potential job titles:
- Communications and Marketing Manager
- Corporate Health and Wellness Specialist
- Sports Apparel Sales Associate
- Social Media Community Manager
- Recreation and Special Events Coordinator

Potential organizations of employment:
- Detroit Pistons/The Palace
- Emergent Biosolutions
- Consumers Energy
- MI—Department of Community Health
- American Diabetes Association

What you should know:
- Good for students interested in sports administration or communication
- Flexibility with elective credits
- Skills that include communication, helping people, relationship building, decision making, problem solving
- Bachelor of Arts degree
- No math/science core required for admission

You may have taken courses that meet COM requirements:
- University Requirements
  - WRA 110-150
  - MTH 1825, 103, 114, 124, 132
  - ISS/IAH
  - PSL 250 = ISB
  - CEM 141 = ISP
  - CEM 161 & PHY 251 = Lab requirement
- Electives Allowed: Approximately 30 credits

- Additional transferrable courses
  - COM 100
  - COM 225
  - COM 240
  - PSY 101
  - HDFS 225
  - JRN 108/218
  - Other KIN electives in CAS

Contact a COM advisor to discuss a potential major change. You can meet with any COM advisor.
SUSTAINABLE PARKS, RECREATION & TOURISM

This bachelor’s program is designed to prepare graduates for professional positions related to the management and enjoyment of the outdoors. Students in the SPRT major will acquire an understanding of natural resource-based recreation and tourism that integrates sustainability and effectively links theory with practice while engaging the community.

Career paths:
- Jobs in management of public parks, forests and protected areas, and facilities such as camps, fitness clubs and commercial enterprises that provide goods and services to outdoor recreation enthusiasts.

Specific career examples:
- Activities Director
- Camp Director
- Mountain Operations Assistant
- Community Recreation Director
- Golf/Tennis/Ski Resort Manager

What you should know:
- Good for students who are interested in physical activity and working outdoors
- Skills that include leadership, psychical fitness, problem solving, social understanding, flexibility, planning
- Bachelor of Science degree
- Flexibility with elective credits
- No math/science core required for admission

You may have taken courses that meet SPRT requirements:
- University Requirements
  - WRA 110-150
  - MTH 1825, 103, 114, 124, 132
  - ISS/IAH
  - PSL 250 = ISB
  - CEM 141 = ISP
  - CEM 161 & PHY 251 = Lab requirement
- Electives Allowed: Up to 49 credits

You must contact a SPRT advisor if you decide to change your major.

SPRT

Overview of Degree Program:
https://reg.msu.edu/academicprograms/
ProgramDetail.asp?Program=5385

Academic Advisor
Michael Everett
everettm@msu.edu
https://www.egr.msu.edu/adcalendar/

Career Consultant
Jill Cords
cords@msu.edu
careernetwork.msu.edu/advising

Michael Everett